

Hi, I am Emily, a mum to 2 (soon to be 3) beautiful kids.

I have been breastfeeding ever since my eldest was born, breastfed through both pregnancies and tandem fed too.



I have loved my breastfeeding journey, and find it such a special part of being a mum. In saying that there have certainly been many challenges to overcome including supply issues, food sensitivities, feeding aversions, lack of sleep etc. I have become a Breastfeeding Peer Supporter because being a mum can be such a hard job, and breastfeeding isn't always an easy path. I would love to help other mums navigate breastfeeding challenges so they too can have a successful breastfeeding journey.

Feel free to contact me via text or email.

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