

I'm Jess, mum to three boys whom have all been breastfeed and uniquely with their own challenges.

We had dealt with tongue ties, struggles to establish supply, PCOS,

nipple damage, reflux and PURPLE crying (sometimes called colic) among other things.

I am passionate about helping new parents, about supporting them to trust their instincts and empowering them to find solutions for themselves.

Beyond breastfeeding, slings and carriers and their use and benefits as a parenting tool are a huge passion of mine and I have a business, Babywearing with Jess, which supports and educates in our local community



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