

My name is Lauren and I have 3 kids who are close in age, 3 and under and hoping for a 4th in a few years.

I decided to embark on this journey into helping others for 3 main reasons, I really enjoy helping people it's such a joy to share hints and thoughts. Secondly, I love being around women, I love being a mum so much and I love mummy chats (about anything).

Lastly motherhood never came totally naturally for me. In-fact with my first I totally thought I was inadequate, I gave up breastfeeding her at 6 months, put her full time into nursery and went and found a job. Simply because I found work easier than being a full time mum.

However, I've come full circle. And I love sharing with others how that came about.

We moved from London 3.5 years ago and love living here on a little farm.